Two sisters: Giuliana and Mithal

The text you are about to read is a combination of words that were all written by Giuliana Sgrena. Some of them were part of her appeal contained in the video released by her captors and the others are from an article she wrote on July 1, 2004 about Mithal, an Iraqi woman detained in Abu Grahib. It's the story of two prisoners, two victims, perhaps not by the same hand, but certainly of the same injustice.

Giulio Stocchi

it is a long story the details are painful days of hell

Since the end of January I was here to bear witness To the situation of a people Who is dying everyday

at the end they took me to a cell, three feet by five gave me a bottle of water and they left me there for six nights

Children old people women, They are raped And people are dying everywhere On the streets

we ran after her for half a day then a new appointment at her home

She doesn't have anything to eat No longer has electricity Doesn't have water

sometimes they forced about one hundred prisoners to lay on the ground then they would walk on them

I beg you End the occupation

often they would force us to drink water from the toilet

I ask the Italian government
I ask the Italian people
To put pressure on the government

Mithal massages her hands and remembers they had turned black because they were tied too tight she couldn't move them anymore

Pier, help me, I beg you Please have them publish the picture of children Hit by the cluster bombs

The black shadow of her *kajal* Makes the grey-green color of her large eyes stand out

I ask my family To help me

a woman soldier had untied them to allow her to go to bath-room

And all of you Who have fought, side by side with me

so I gave her my earrings

Against the war

I have done nothing wrong Why should I be afraid?

Against the occupation

and then from the cells next to mine you could hear the screams of men being tortured, you could hear their crying and howling recorded and then re-played over and over all night long at high volume

Help me, I beg you together with the sound of footsteps on the gravel drawing near but there was only sand there

This people must not suffer anymore like this

I recognized some of the detainees, like Abdul Mudud whose jaws they broke and whose eye they took out

Withdraw the troops from Iraq No one must come to Iraq any more

our destination was Abu Ghraib. An Iraqi woman from outside would give me a banana, once in a while

Because all foreigners All Italians Are considered enemies

in a big room there was a doctor who wanted me to undress he threatened to cut my clothes off of me

Please Do something for me

at the end I asked him if I could at least keep my underwear on and he said yes

Pier Help me You were always at my side In all my battles

the United States has occupied our country we have the right to defend ourselves

I beg you, help me

they took me to an ice cold room, my teeth were chattering all nice on display were the instruments of torture

Show all the photos I took of Iraqis Of children hit by the cluster bombs Of the women

one of the women prisoners was forced to walk on all fours her knees and her elbows completely worn out

Help me, I beg you

another woman, they forced her to separate urine from shit, with her hands

Help me to ask That the troops be pulled out

then a black woman soldier arrived and she was constantly shouting to me

Help me

but seeing that I wasn't scared at the end she apologized and "You're brave", she said.

I ask my husband I ask Pier Help me, you please help me

a sixty year old woman who said she was a virgin was always threatened with rape

Only you can he help me all the way

another woman's body was all ruined because they would throw her against a wall

to ask that the troops Be pulled out

another woman was locked in a small cage for six days and she couldn't even move

I count on you My hope lies only In you

sometimes the would turn up the heat to the maximum and in order to sleep I had to thrown on myself

You must help me to ask That the troops be pulled out

that tiny bit of water they would give me sometimes they wouldn't give me food or drink

All the Italian people Must help me

we heard the children screaming they too were being tortured

All those who have stood with me In these struggles

They primarily used dogs to attack them

Must help me

one day they made me lean against a wall with my hands raised I couldn't resist in that position

My life Depends on you

At the end I ask them to let me write something to my children, because I would kill myself

Put pressure on the government Help me

I was released after eighty days they even gave me my earrings back

This people does not want the occupation

the United States have occupied our country we have the right to defend ourselves

Our people don't want the troops

We have a right to defend ourselves

Doesn't want foreigners

I have done nothing wrong Why should I be afraid?

Help me

I have done nothing wrong

I have always fought side by side with you